MAY OUITH 86

ARRANGE to Brighten Someone's Day

SEE PAGE 16

What's Your Dating Rating?

Can't VILL.

REVERH. Faulkner

By Dexter H. Faulkner

Youth 86

May

VOL. VI, NO. 5

Contents:

Circulation 230,000

By the Way "I Can't" Never Will!	1
"Where Did You Learn to Drink Like That?"	2
Think Twice	5
News That Affects You	7
When Two Presidents Meet	10
What's Your Dating Rating?	11
Teens on the Emerald Isle	13
Floral Art	16
Ideas Plus	18
Teen Bible Study: Let's Be Honest!	21
Dear Youth 86	23
"Waddya Want?"	24
Youth on Camera	25

FOUNDER: Herbert W. Armstrong 1892-1986

PUBLISHER: Joseph W. Tkach FDITOR: Dexter H. Faulkner

MANAGING EDITOR: Mike Bennett ASSOCIATE EDITOR: Lowell Wagner Jr. GRAPHICS: Michael Hale

STAFF: Nathan Faulkner, Sandi Hague, L. Greg Smith CONTRIBUTORS: You the reader

Published by the Worldwide Church of God PASTOR GENERAL: Joseph W. Tkach TREASURER: L. Leroy Neff DIRECTOR OF PUBLISHING SERVICES: Ray Wright PRODUCTION DIRECTOR: Roger G. Lippross PRODUCTION MANAGER: Ron Taylor CIRCULATION MANAGER: Boyd L. Leeson

Youth 86 is published monthly (except combined June-July and October-November issues) by the Worldwide Church of God, 300 W. Green St., Pasadena, Calif., 91123. Sent free upon request. Copyright © 1986 Worldwide Church of God. All rights reserved. Printed in U.S.A. Entered as second-class mail at the Manila Central Post Office on Feb. 10, 1984. The publishers assume no responsibility for return of unsolicited artwork, photographs or manuscripts.

ADDRESS ALL COMMUNICATIONS TO THE YOUTH 86 ADDRESS NEAREST YOU.

United States: 300 W. Green St., Pasadena, Calif., 91123. For literature requests you may call toll-free 1-800-423-4444; in Alaska call 818-304-6111 collect.

Canada: P.O.Box 44, Station A. Vancouver, B.C. V6C 2M2. For literature requests you may call toll-free 1-800-663-2345.

Mexico: Institución Ambassador, Apartado Postal 5-595, 06500, México D.F.

Colombia: Apartado Aéreo 11430, Bogotá 1, D.E

United Kingdom, rest of Europe, Middle East: P.O. Box 111, Borehamwood, Herts., WD6 1LU England

Zimbabwe: P.O. Box U.A.30 Union Ave., Harare

South Africa: P.O. Box 5644, Cape Town, Republic of South Africa 8000

Ghana: P.O. Box 9617, Kotoka Int. Airport, Accra

Kenya and the rest of East and Central Africa: P.O. Box 47135, Nairobi, Kenya

Mauritius and other Indian Ocean Isles: P.O. Box 888, Port Louis, Mauritius

Nigeria: P.M.B. 21006 lkeja, Lagos State, Nigeria Australia, India, Sri Lanka and Southeast Asia: G.P.O. Box 345, Sydney, NSW 2001, Australia

New Zealand and Pacific Isles: P.O. Box 2709, Auckland 1, New Zealand

The Philippines: P.O. Box 1111, Makati, Metro Manila 3117, Philippines

Caribbean: P.O. Box 6063, San Juan, Puerto Rico 00936

Germany: Ambassador College, Postfach 1129, D5300, Bonn 1

Austria: Ambassador College, Postfach 4, A-5027 Salzburg

Switzerland: Case Postale 10, 91 rue de la Servette, CH-1211, Geneva 7; Ambassador

College, Talackerstrasse 17, CH-8065, Zürich

Scandinavia. Box 2513 Solli, Oslo 2, Norway

Be sure to notify us immediately of any change in your address. Please include your *old* mailing label and your new address. U.S. POSTMASTER: Send address changes to: *Youth 86*, Box 111, Pasadena, Calif., 91123.

COVER: You can't help but be captivated by the sheer beauty, intoxicating fragrances and immense variety of the floral world. Why not try flower arranging? See "Floral Art," page 16. Photo by Warren Watson.

Letters

A lot to think about

I am 18 years old. [Youth 86] gives me a lot of things to think about. Like the one with "Are You Sure Everybody's Doing It?" That's the story about "Cindy" in the December issue. I believe many young people from different countries would be delighted to receive this magazine.

I was sorry to hear that Mr. Herbert W. Armstrong died. Now he's at rest, but anyway he has completed his mission. Now it's a new year and someone has to take his place. May God give you strength so you can continue where Mr. Armstrong left off.

I pray that God help you and give you all more strength to continue the good works that you used to do when Mr. Armstrong was around.

> Cornellia Martinez Belize, Central America

Terror will end

I see my friends and teachers in total terror, because they realize our fresh water and oil supplies are running out. I know, through God, an end to the terror [will come]. I'd like to thank Mr. Armstrong for bringing this out and helping me understand. Unlike my friends at school, I can sleep at night.

Sharnell Sykes Prosser, Washington

Earthquake awareness

This is the first issue I've received. Your article on earthquake awareness [February] will help my family here in Michigan. You said in the article, "Since then, mild earthquakes have shaken the New York City area and evidence has mounted that America's Middle West may be due for a major quake." Today, about 10 minutes before noon, an earthquake with its center in Lake Erie made minor tremors as far away as Grand Rapids (one-hour's drive from here).

> Roger McClary Muskegon, Michigan

Discovered artist

I really like the articles about teens in different countries and the articles that encourage us to find out what our talents are. A couple days ago I made an almost perfect replica of a rose I saw in a picture and I realized I was inspired by an article you had in the December issue of Youth 85, "Discover the Artist in You."

Lorine Blouin Warren, Rhode Island (Continued on page 26)

By the Way... 'I Can't' NEVER WILL!

By Dexter H. Faulkner

If you expect to win — or lose — you will!

just can't seem to bring up the subject of me liking boys to my parents."

"I need help with my sister, bad. I can't take it anymore. We used to get along fine until about two months ago. Now we are constantly fighting."

Have YOU ever said "I CAN'T!" about anything — making top grades in school, meeting new people, learning a new

sport?

Did you find that when you said it, you couldn't?

What I'm saying is, didn't just voicing your negative feelings — saying you couldn't - make it impossible for you to do something about your problem?

Have you ever noticed that our record books and our history books don't tell us anything about those who sat back and said, "I can't"? But the books are full of stories of men and women who said, "I can!"

Absolutely anything!

A positive attitude is absolutely necessary to success in anything. Yes, that's right, ANYTHING whether you're crossing the Atlantic in a reed boat or getting an article printed in Youth 86!

That's not to say that life is always fair or peachy or rosy just because you have a positive attitude. Sometimes life is rough. But that doesn't mean we should all just join the crowd and be miserable.

It's up to you to make a difference in your life. I can't do it for you . . . but YOU CAN! To succeed,

you must have the will to win. You must see yourself as a winner — always. Even when you have setbacks, picture yourself successfully talking to your parents or enjoying time spent with a brother or sister.

Life will let you settle for whatever you will settle for. If you accept not being able to go to your parents, that's exactly what you'll get! You must expect to win, to have a good talk, even

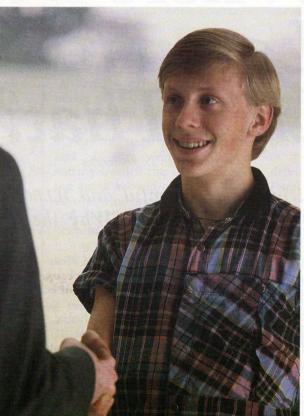
> when it looks like the odds are against you. If you expect to win — YOU WILL!

> Here are some ways that you can be a more positive person. But, remember: Before you can put any of these into action, you must decide that you are going to be a winner!

OK, winner, here they

Point one — think actively. Instead of wondering passively, "What will happen to me next?"

(Continued on page 29)



You can do it! Whether your goal is getting a job or getting along with someone, a positive approach can make you a winner.



'Where Did You Learn to Drink Like That?'

By Donald D. Schroeder

A lot of teen drinking is harmful and ILLEGAL. But in certain cultures it isn't a problem. Why the difference?

His head was pounding and his clothes were stained with vomit and spilled liquor.

The graduation party had been over for a while, but he was in no shape to go home. As his friend helped him clean up, the room seemed to keep spinning. He couldn't remember much of the party itself, but he kept mumbling, "We had some fun, didn't we!"

But after cleaning him up, all his disgusted friend could say was, "Where did you ever learn to drink like that?"

Where do we learn our drinking habits? Why do some people have severe abuse problems, while others seem to have no problem at all?

For example, teens in several

There is important evidence that alcoholism develops two to five times faster in young people than in adults.

Mediterranean cultures commonly drink alcoholic beverages, but for them, drunkenness and alcoholism are relatively rare.

Yet in other areas, alcohol and abuse seem to go hand in hand. In one survey, nearly a third of U.S. high school students who drank were classified as "alcohol misusers" or "problem drinkers."

These teens reported that they had been drunk at least six times in the previous year or had serious difficulties two or more times that year because of drinking.

Where do users and abusers learn to drink in such different ways?

Embarrassing, harmful

Before answering that question, let's quickly look at why the answer is so important.

Perhaps you've already witnessed some of the serious problems created in the lives of young alcohol abusers. They tend to have school and grade problems. They're often destructive. Abuse of alcohol is the leading factor in fatal and nonfatal traffic accidents involving teenagers. It also crops up in many teen suicides.

One expert on teenagers and alcohol points out that being tipsy or drunk makes a young (or old) person overconfident and so puts him or her at high risk for a serious sports injury while swimming, hunting, skiing or even just playing a ball game with some friends.

"Every time you get drunk, your brain is temporarily damaged (just like it is when you get an anesthetic); and ... this impaired mental state often leads to embarrassing, costly or potentially fatal situations." So says Dr. Joseph A. Pursch, a noted authority on alcoholism.

For teens, the question of alcohol abuse can be especially vital.

There is important evidence to show that alcoholism develops two to five times faster in young people than it does in adults.

Said one alcohol expert: "When adolescents begin drinking, it is not uncommon for them to move from experimental drinking . . . to alcoholic drinking within two to three years as compared with 10 to 15 years common for an adult."

And the impaired judgment of being drunk exposes teens more easily to those who want to take advantage of them. The results include pregnancy, venereal disease, fights and other socially embarrassing behavior, all of which can damage young people's reputations and future careers.

Specialists in teenage alcohol abuse also point out a less obvious reason abuse is so damaging to young people. Excessive alcohol

Too Young to Die

It was 4:30 a.m. when I received the call from my sergeant. I can still hear his deep and worried voice, advising me of a major accident where my assistance was needed.

It was my first call involving a car accident, and I was scared, but I tried to hide it.

Arriving on the scene, we could see a car folded like an accordion. Parts were scattered all over the road.

The ambulance had not yet arrived. My heart was beating fast and strong as we rushed toward the car. There was only one person in it — a 17-year-old I'd known well. I always thought of him as a good kid.

Now his head was tilted back and his eyes were wide open, staring toward the sky, as if asking for a second chance. Pieces of the windshield were embedded in his forehead. He had been bleeding like a fountain it was a gory scene. I felt like I was going to be ill.

I don't think he was conscious after the accident, but from probably 2:30 a.m. until shortly before we arrived he had held on to life, even unconsciously.

It seems that night he had

gone to a social organized by the town. With the help of friends he had gotten some alcoholic beverages. We learned from the autopsy that he had double the amount of alcohol that the law defined as intoxication.

We had to get assistance to get him out of the car because he was wedged in by the twisted metal. Part of the car had to be pried free before he was able to be removed.

That accident wasn't the worst one I witnessed as a policeman — actually it was just a typical one. Of course, not all accident victims die. Some are crippled, paralyzed from the waist down. They will be remembering it over and over again — trying to understand what insanity caused their tragic moment.

Still, I won't forget that first accident I was called to. It burned into my mind the truth of the statement: Drinking and driving don't mix. — By Ghislain Ringuette



It's up to you to prevent an alcohol problem or, if you already face one, to seek help to conquer it.

dramatically interferes with developing an identity, sense of self-worth and coping skills. It dulls and alters reality, retarding the maturing process and causing alcohol abusers to withdraw within themselves.

Where drunkenness is rare

Studies reveal several critical factors that influence teenage drinking habits. The attitudes and habits of parents most commonly top the list.

Consider the Mediterranean cultures mentioned earlier where drunkenness and alcoholism are rare. Included is the Orthodox Jewish culture in many nations. Why haven't high levels of abuse problems developed in these cultures?

It's because parents teach the ceremonial and other accepted uses of low-proof alcoholic beverages that are generally taken with meals in the presence of other family members. And in these cultures there are strong social sanctions against drunkenness and drinking at unspecified times.

Even outside these cultures, the reason most young people who drink moderately do so is that their parents do, and they respect their parents. Also important are high moral or religious values and good examples from close friends.

The picture is quite different for teenagers who drink heavily. For many abusers, parents have set

a bad example by reaching for a drink every time they have an emotional problem or difficulty.

These teens have learned by their parents' examples that alcohol is a means of blotting out some terrible aspect of their lives, perhaps a poor family life, some kind of physical or emotional problem or a poor self-image.



Some teens abuse alcohol to show hostility to parents or to try to show independence. Some have friends who expect them to illegally use and abuse alcohol to be part of the group.

To many, both adults and teens, drinking and "holding your liquor" are associated with masculinity or being part of the right group. Many young people receive their alcohol education from being pressured by "friends" at

a beer bash where they're expected to get drunk to have fun.

Because of such damaging pressures, many adults and teenage alcohol abusers have trouble accepting the truth about their damaging habits. Without proper family use and teaching, there's little chance a young person will learn proper use of alcohol.

Several years ago, Dr. Morris E. Chafetz, former director of the U.S. National Institute on Alcohol Abuse and Alcoholism, explained it this way: "Under ideal circumstances, children should learn healthy attitudes about drink in the familiar sur-

roundings of their homes.

"However," he went on, "too many parents are too confused and too guilty about their own drinking to teach a youngster to drink moderately."

Don't give up

Even if you don't have such a good example in your life, don't give up. You don't have to abuse alcohol just because others do. As a slogan now popular says, "It's OK not to drink." Many teens are proving they can have fun without alcohol.

It's up to you to prevent an alcohol problem or, if you already face one, to seek help to conquer it.

Experts often advise that some people who are at high risk for alcoholism, especially those with frequent alcoholism in their family,

should not drink. And religious beliefs and the law can also dictate that teens should not drink.

If you want to avoid the abuse of alcohol, seek advice from a relative or someone else who doesn't overdrink. Look for someone who is a good example of self-discipline in his or her life.

If alcohol already is a problem, ask your health department or local hospital for professional assistance to overcome it.

Proper use of alcohol has to start somewhere. How about it starting with you? \Box

THINK TWICE

By Victor Kubik

Facing a tough choice? Here's the formula for making great decisions!

y dad taught me to always think twice before making any decision."

So said championship golfer Nancy Lopez in a television interview. Nancy is successful not only because she plays ex-

cellent golf, but because she lives by her father's advice.

Successful people can look back on a string of sound decisions. But failures are haunted by their mistakes with thoughts like: "I wish I hadn't done that. I could have made better choices."

I regret not taking a typing course in high school. I didn't think I'd have much use for typing later in life. Little did I know I'd use a typewriter and computer daily in my work. For a long time I used the "hunt-and-peck" method until I finally learned how to type. Later on, though, it was more difficult learning this skill.

Some bad choices you might make, whether intentionally or unintentionally, may not be so easy to recover from. Examples would be dropping out of school or getting pregnant. Or abusing yourself with drugs and alcohol.

Teens today may have to make some choices that are more difficult than the ones their parents faced as teenagers. Opportunities tempting you with drugs and sex are more prevalent. Also, deciding on a career in this rapidly changing world is not as easy as it used to be. So here's the formula. Following any one or combination of the following four points will help you make better informed, sound and mature decisions.

How to think twice

1. Look ahead. Or, "look before you leap." One of my teachers had a sign on his desk that read: "Consider the End." It impressed students to think about the end result of their actions.

If you're a girl, suppose a boy you like wants to be around you all the time. He's always calling and coming over. You're interesting to him, so he likes to get close. What if he starts pressuring you to have sex? What will you do?

If you're smart, you'll look down the road a month, two—even nine. Project ahead by asking a lot of "what if" questions. How will premarital sex affect your mind, body and future? Is it worth sacrificing your personal values and your relationship with God in exchange for acceptance? What will your decisions lead to?

One Southern California high



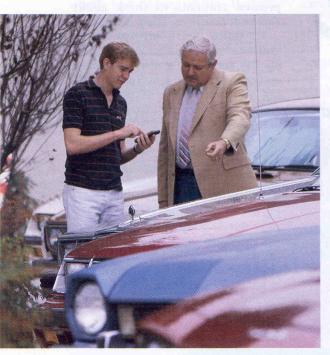
If you don't think twice and make decisions for yourself, you could be led into making a serious blunder. Blindly following the crowd and letting others make decisions for you can result in your paying the consequences.

school actually started a decision-making class for its freshmen concerning this very subject. At the school, 150 girls had become pregnant. Nine had babies; the remaining 141 had abortions.

Shocked and embarrassed, the

concerned principal announced, "We've decided to . . . teach our kids how to make intelligent decisions." The school was no longer going to ignore students' social problems and was starting to discuss the consequences of their choices as part of their education.

2. Look around and behind. There is nothing new under the sun. Somebody somewhere has



done what you are thinking about doing. And they've been either happy or disappointed with their decision.

Where are they now? What do they say now about their decisions?

For example, what about getting married? I have counseled several people with marriage problems who have told me that they wish they hadn't married so young. Most said they weren't ready for the responsibility of family and children. They wish they could have had more education, perhaps traveled and then married later.

3. Weigh the pros and cons. If what you want to do will cost a lot of money or take a lot of your time, get all the facts. Take a sheet of paper and draw a line down the middle. In the left column list all the good things you can think of.

Let's talk about buying a car, for example. A car will get you around — to school, work and any place you want to go. It may be fun.

Then, in the right column list all the negatives. Put down the cost of the car itself. Then the price of gas, oil and routine maintenance.

Don't forget the cost of repairs.

If the car is older, believe me, it will need parts replaced and that will set you back plenty even if you install some of them yourself. Whenever your car needs repair, you'll be without the benefit of getting around in it while you fix it. And then write down the cost of insurance — it's not cheap for a teen.

Perhaps you need the car to get to work after school and weekends. But you will have to work extra hours because you need to support the car. If you didn't have the car, you wouldn't need all that extra work.

The sensible answer emerges when you make this kind of list. Under these circumstances, the benefit may or may not be worth

the long-term expense. Making out this pro/con list is making you think twice.

4. Get advice. You don't know it all. Neither does the president of a large corporation or the President of the United States. That's why these people surround themselves with teams of advisers. Before making a decision, they seek counsel.

You may not be making decisions about tax reform, national security or trade deficits. But you will have to make choices that will determine how your life will turn out. And that's big to you.

Turn to your parents, teachers and school counselors for assistance. For example, say you want to become an electrical engineer. Consult with them about what courses you should take to reach your goal. They will tell you how vital it is for you to take all the science and math courses you can

so you do well in technical school. Talk to students who have taken courses you're unsure about — what do they have to say?

The book of Proverbs in two places states, "In the multitude of counsellors there is safety" (Proverbs 11:14, 24:6). The more help you seek, the safer you'll be.

In Proverbs 15:22 we are told that "without counsel purposes are disappointed: but in the multitude of counsellors they are established." Get an independent opinion about whether it would be smart to do what you propose. It's a good idea not to make up your mind until you get advice.

The book of Proverbs itself can help prevent you from having to learn the hard way. It's loaded with important information for young people. A sampling of subjects covered includes morality, friends, the work ethic, speaking and listening, seeking counsel, common sense, money management and many more. Think of the Proverbs as one of your more important advisers.

Why decisions?

You are a free moral agent. This means that you have the right to make choices. It's a right no one can take away from you.

God sums up success and failure as a matter of choice: "I call heaven and earth as witnesses today against you, that I have set before you life and death, blessing and cursing; therefore *choose life*, that both you and your descendants may live" (Deuteronomy 30:19, New King James Version).

God lays out guidelines that assure happiness, health and success to His people. He also warns about what happens if those rules are ignored. In Deuteronomy 28 He lists curses — the natural consequences of making poor decisions. We can pick what we want, but He wants us to choose life.

God made you capable of making decisions because you will be happiest when it's your idea to choose the best course. You wouldn't have it any other way.

THAT AFFECTS YOU

Foiling the Funny-Money Makers

Counterfeiting money used to be an expensive, time-consuming crime. Now, experts are worried that a new kind of copying machine may make counterfeiting one of the easiest and cheapest of crimes.

Called the Quick
Response Multicolor
Printer (QRMP), the
copier uses lasers to create
nearly perfect copies.
Many governments worry
that it could be used to
copy paper money —
which is why they are
redesigning their money
using high-tech anticounterfeiting technology.

Although the QRMP is still safely under lock and key, thousands of offices could have copiers like it in a few years, according to a U.S. government study. Counterfeiting could then become a major form of office crime as employees run off small fortunes at work.

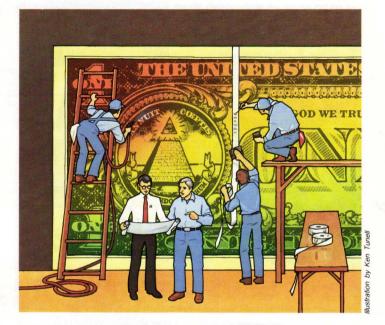
The new laser copiers will make unusually sharp, clear images. The copiers can be adjusted to correct for tiny errors and blurs— even to change serial numbers on the bills.

Mexico is trying one possible way to prevent this crime. It is using security threads in its bills — thin plastic or metallic strips that are put in the

paper when it is made. They look just like thin gray lines when the bill is flat, but when held to the light, they show letters and numbers that even the laser copiers can't copy.

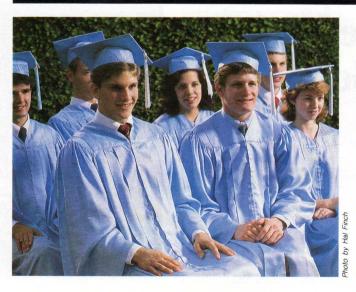
Britain now uses a metal-coated thread on some of its bills. The thread reflects the light when a copy is made, so the copy shows only a black line instead of a silver one.

Holographs are another promising possibility. As you tilt a holograph, you seem to see it from different angles, giving the holograph a three-dimensional look. Making exact copies of a



holograph is impossible on a laser copier. Holographs are now thin enough to be used on credit cards and may soon be made thin enough to put on money.

Most ideas on the drawing board have one major glitch: They aren't yet durable enough to take the beating that money takes. But the world's treasuries are still working on the problem. And in a few years, you may be seeing some interesting changes in the money in your pocket.



What's Ahead for You?

The school year will soon draw to a close in the Northern Hemisphere and the Class of 1986 will be moving on to bigger and better things.

What are those things? School? Marriage? A job?

We'd like to know what your plans are for the future.

And you don't have to be a part of the Class of 1986 to join in this survey. Even if you won't be graduating for a few



WHAT'S AHEAD?

Please fill out this coupon and mail it to the address below. Thanks for your participation!

AGE _ SEX: MALE _ FEMALE _ YOUR NATION

YOUR PLANS AFTER SCHOOL (Please rank your top three choices. Use the number 1 for your favorite.)

_TRADE OR TECHNICAL SCHOOL _COLLEGE OR UNIVERSITY

__JOB __MARRIAGE __NOT SURE YET

_OTHER (Please tell us what.).

On a separate piece of paper, please answer the following questions:

1. WHAT FIELD DO YOU EVENTUALLY WANT TO WORK IN?
2. WHO (or what) HAS HAD THE BIGGEST INFLUENCE ON YOUR PLANS FOR THE FUTURE? WHY?

Mail entries by June 10 to this address or our office nearest you: "FUTURE PLANS," Youth 86, 300 W. Green St., Pasadena, CA 91129

more years, we'd like to hear from you.

Clip this coupon and mail it to the address on the coupon or to our international office nearest you (listed on the inside of the front cover). If you

don't want to cut up your magazine, just write the answers to all of the survey questions on a separate piece of paper and mail it instead. Watch for the results in the September issue.

that we're killing real individuals, not [just] numbers."

Groups like MADD (Mothers Against Drunk Driving), RID (Remove Intoxicated Drivers) and AAIM (Alliance Against Intoxicated Motorists) have put pressure on drunk drivers.

Among these, SADD (Students Against Drunk Driving) is unique because it is run by teens and aims its efforts against teenage drunk driving.

Robert Anastos, a high school teacher and hockey coach, was shocked into action one horrible month when two of his students were killed in alcoholrelated auto accidents.

Mr. Anastos knew something had to be done, so he challenged his students to find a solution. He presented the problem to students in his health class. They discussed possible ways to fight teenage drunk driving. Eventually, they founded SADD.

Since then, SADD has spread to every American state and most Canadian provinces and is now heading overseas.

SADD's main strategy in fighting teenage

drunken driving is to encourage communication between parents and teens. SADD uses a contract in which teens agree to call their parents for help if they or their drivers have been drinking and then must drive.

Parents, in turn, agree to pick their sons or daughters up "any hour, anyplace, no questions asked and no argument at that time."

Jim Naze, 17, is student representative to the National Board of Directors of SADD. He feels that when parents and teens talk about the subject, they should "use the word *death* a lot because it happens, it's reality. You've got to know it's there and that it can happen."

"If they're lucky," Jim says about teens who want to drive after drinking, "they'll get caught by a cop. They won't get





'If They're Lucky, They'll Get Caught'

Drivers between the ages of 16 and 24 are responsible for nearly half of all alcohol-related highway deaths in the United States.

Although the problem seems to be getting the most attention in that country, it is also taking thousands of lives around the world.

But there is a growing

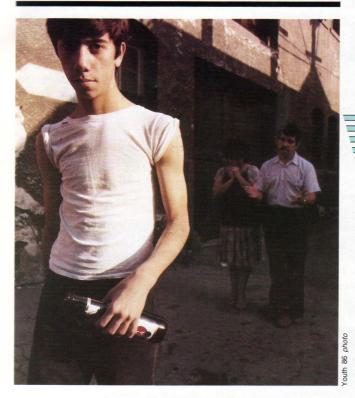
movement aimed at getting drunk drivers off the roads. "Drunk driving used to be viewed as a problem that simply couldn't be solved because the statistics were so numbing," says Charles Hurley, executive director of the U.S. National Safety Council. "But citizen groups have brought home the point

killed . . . It's not worth it to hop in a car and drive drunk."

For more information

on the use of alcohol, see Drink Like That?" on

"Where Did You Learn to page 2.



Questions That Could Save a Life

lcohol use and drinking and driving are not easy subjects for most parents and teens to talk about. If the subjects ever come up, it's usually in the heat of battle.

Talking about the subjects before a crisis can save a lot of trouble and maybe even your life or the life of a relative or friend.

Teens and parents can both answer the following six questions and use them as conversation starters about these touchy subjects.

Remember: This is not an interrogation. This is a way to help and understand each other

1. Would you ever drive after drinking or take a

Talking with your parents about drinking and driving before a crisis happens can save a lot of trouble — and maybe even a life.

ride with someone who had been drinking? Why or why not?

2. Would you try to stop someone who had been drinking too much from driving? If so, how would you do it?

3. What are some of the negative effects of drinking and driving?

4. How easy would it be for your friends to talk you into drinking more than you should or drinking and driving?

5. How can you tell when you have had too much to drink?

6. Do you feel you could come to me or another family member for help or advice where alcohol or drinking and driving are concerned?

X /A

No More Sleeping Late. Some students at Morgan Park High School in Chicago, Illinois, are getting calls from their school's computer each morning



Any student who is late four times in a month gets an automatic wake-up call at 6 a.m. Once the student makes it to school on time for a week, the calls stop.

Since the program was started, the number of tardy students has been cut by more than half.

Mickey Goes to France.

People across France were delighted to hear that the newest Disneyland would be built 20 miles (32 kilometers) from Paris. The French have long been fans of Walt Disney's cartoon characters and the amusement parks that bear his name.

"Walt Disney would certainly feel at home here. because European literature inspired so many of his fantasies and characters," said Disney Chairman Michael Eisner.

The park, scheduled to open by 1991, is expected to attract some 10 million visitors each year

High-tech Tennies. Puma and Adidas, the shoe manufacturers, are building some pretty brainy shoes. The shoes are designed to help runners calculate how far they've run and the number of

calories burned.

Puma's version (US\$200) plugs into either an Apple II or Commodore 64 computer to tell a runner how the workout went. Adidas' smart shoe (US\$120) gives an instant readout using a liquid-crystal display in the left shoe.



by Wendy Lagerstrom

Teen Reporter's First Assignment

When Two Presidents Meet

By Neal H. Hogberg

A teen reporter takes an inside look at an international summit meeting.

Rour gleaming U.S. Marine Corps helicopters dropped from the sky within moments of each other into the middle of Mexicali, Mexico.

After hovering several moments, the last chopper, complete with the U.S. President's seal, touched down. Out bolted two American Marines clad in dress blue uni-

forms, followed by the President of the United States, Ronald Reagan.

But what was President Reagan doing just over the border in Mexico? And what was I doing there watching him?

Mr. Reagan had come for a summit meeting with President Miguel de la Madrid of Mexico.

As for me, I was on hand as an accredited press reporter for *Youth 86*. My task? To find out exactly what happens when world leaders meet.

Official clearance

Some of you may wonder what is involved in being allowed to cover such a conference. First of all, a person must be

an official member of the press. Since I work for the department that puts together *Youth 86* and several other publications, I am able to hold a press card.

A press card is all you need for most events. But for the summit, with the special emphasis on security, I also needed a formal letter on *Youth 86* letterhead paper requesting accreditation from the Mexican government.

The author, left, attends summit meeting between U.S. President Ronald Reagan and Mexican President Miguel de la Madrid in Mexicali, Mexico. (Photos by Gene Hogberg)

These two items in hand, it was time to head south. I was a bit excited as it was the first time Youth 86 had a reporter cover a head-of-state conference. As it was also my rookie encounter as a summit journalist, I accompanied a veteran of 11 such events, my father, Gene Hogberg, the world news editor of The Plain Truth magazine.

On Jan. 2, we drove down to Mexicali, capital of the state of Baja California. Crossing the border with no difficulty, we proceeded to the city's modern governmental center.

We presented our credentials at the press hall and received a press badge, which allowed us to pass security checkpoints, and a press kit, containing background material such as an update on relations between the two countries

After clearing this initial step, we scouted the various press facilities that had been set up, such as the room for press conferences. Finished for the day, we

spent the evening reading our background material.

Tight security

The following morning we got an early start. My father told me that we should allow plenty of time because of the concern for security. It was good advice, for we encountered many frustrating delays and reroutings.

Finally we reached the press center. After going through security checks and metal detectors, we entered the building, breathing a sigh of relief.

We went immediately to a pair of immense temporary platforms set up for television cameras and still photographers as well as print journalists. These faced the plaza where the official proceedings were soon to take place.

President de la Madrid and his official delegation arrived first by means of the presidential bus, the "Benito Juarez," at 9:53 a.m. He was greeted by civic dignitaries (Continued on page 28)



What's Your Dating Rating?

By Robert C. Taylor

How can you make a better impression on a date? Take one of these humorous quizzes and find out!

Il of us, from time to time, wonder what our friends and acquaintances think of us after we have spent time together.

Do they find us courteous, clever and captivating, or inconsiderate, dull and unfriendly? Somewhere in between?

How do you rate on a date? As you read the following dating situations, circle the responses that would most likely apply to you under similar circumstances.

If you have not begun dating yet, circle the letters for the answers that would probably apply to your *future* dates.

When you have finished, tally your score!

A quiz for men

You call up a girl and say, "Would you care to join me for an afternoon of fun and festivity?" She responds (a) "Sure!

May I bring a date?" (b) "What movie are we going to see *this* time?" (c) "I'd love to! What are you planning?"

The day before your date, this same girl stops to talk to you. She just wants to (a) know if her trained guard dog can come along, too (b) know what time you are picking her up and what she should wear (c) tell you how much she is looking forward to the occasion.

When you arrive at your date's home to pick her up, you (a)

Although these two quizzes may give you some humorous insights, the real tests happen every time you spend time with someone else.

honk the car horn repeatedly until she comes dashing out the front door, still holding a blow dryer in one hand (b) greet her at the door and leave with her as soon as possible so you won't be late (c) greet her parents warmly, talk for a while and let them know where you are going and when you will return.

As you are taking your date home, she tells

This mythical machine, like the quizzes in this article, might give some surprising insights into how we rate as a date. (Photos by Hal Finch) time — I hope we can get to-gether again sometime!"

A quiz for women

A well-mannered boy your parents like stops you in the hallway at school and asks if you would join him and his family for a Sunday afternoon barbecue. You answer (a) "No! I only date

good-looking, athletic types" (b) "OK, but is anyone else I know going to be there?" (c) "Thank you — I'd love to come! Can I contribute something to the meal?"

Although the barbecue is to be-

prepared to leave several minutes ahead of time, just in case your date arrives early.

At the barbecue, you discover your date has an older brother who is much more interesting and entertaining. After being introduced, you (a) spend all of your time with him (b) say hello, but then spend all of your time with your date (c) talk with him briefly, but then make an effort to meet everyone else, too. Most of your attention, however, is reserved for your date.

The next day, while the event is still fresh in your mind, you (a) tell your friends everything bad about the boy you dated, his family and the food (b) do nothing (c) send a friendly card to your date and his family to thank them for their hospitality.

Your score

For either quiz, give yourself 20 points for each (c) you circled and 10 points for each (b). An (a) earns 0 points. If your score is 70 or 80, you're on the road to popularity; 40 to 60 is average; a score of 30 or less means it's time to give your social graces a major overhaul.

Although these two quizzes may give you some humorous insights, the real tests happen every time you spend time with someone else.

The qualities that make for enjoyable and worthwhile dating are the same ones that build lasting friendships. Do you want to improve your dating rating? Become a bet-

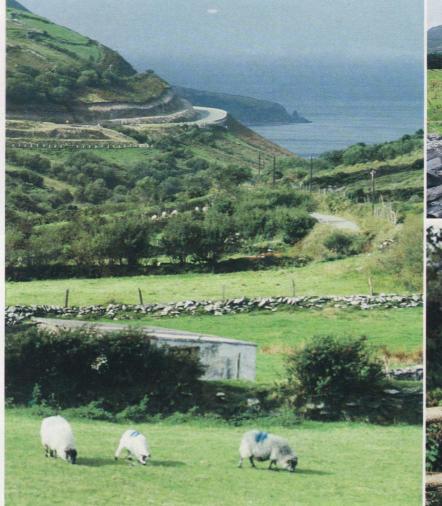
ter person.

Read Youth 86 for articles such as improving your personality and knowing what to say. These will help you be a better person and a better date.



you she's glad you asked her out. "Really?" you say excitedly. "What makes you say that?" She answers (a) "Temporary insanity" (b) "I like being asked out" (c) "I really had an enjoyable

gin at 2 p.m., you (a) call at 1 p.m. to say some friends invited you to a beach party and, of course, you won't be able to attend the barbecue (b) are barely ready by 2:30 (c) are dressed and







Teens on the EMERALD ISLE

By Joanne Cooper

"A hundred thousand welcomes" from teens in Ireland.

ead mile failte!
That's Irish for "A hundred thousand welcomes!" This is the traditional way we welcome our visitors to Ireland. And, now that you have been welcomed, let me show you around and tell you a little about our way of life.

Ireland has a long, interesting and sometimes tragic history. It has a rich heritage of culture and tradition and is a land of legends.

At one time all of the island was governed by Britain. In 1949, the southern part of Ireland became a Republic. Known in the Irish Gaelic language as *Eire* (pronounced "air-eh"), it consists of about five sixths of the island of Ireland.

The rest of the island is Northern Ireland, which is part of the United Kingdom.

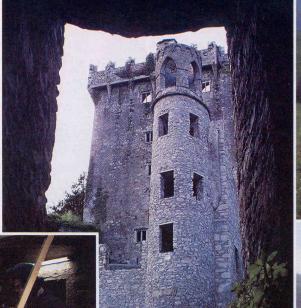
Irish and English are the official languages spoken here. Irish is spoken in certain parts of the countryside, particularly in the west, and is taught in schools along with English. English is more widely used in other areas.

The Emerald Isle

Eire is also called the Emerald Isle. The moist, mild climate produces lush, green fields throughout the rolling countryside. Parts of rural Ireland seem to have stepped back in time — much of the countryside is still unspoiled.

Farming has played an important role in Irish life down through the centuries. But today, as in

Right: Blarney Castle, now in ruins, is one of a large number of fortified strongholds built by ruling families in medieval times. Atop its battlements, four stories up, the Blarney stone is kissed by visitors.

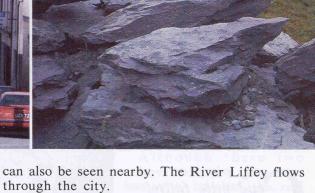












other countries, many sons and daughters leave the family farm when they finish school and try to find employment in the cities.

Eire has a high unemployment rate, though, because of the country's economic problems. Teens have to have initiative and persistence to find work. Finding a job is one of the greatest challenges facing Irish teens today.

Many Irish people now live in and around the large cities and towns. My parents, four sisters and I live in the capital, Dublin. Despite the world's image of a rural, slow-paced Ireland, Dublin and the other large cities are bustling, busy places!

Dublin itself has an unusual scenic setting. On the one side there is Dublin Bay and the Irish Sea, while the hills and mountains of Wicklow through the city.

Eire has several interesting places people love to visit. Killarney is known for its beautiful, rugged lake scenery. Blarney Castle, now in ruins, is one of a large number of fortified strongholds built by ruling families in medieval times. Atop its battlements, four stories up, the Blarney stone is kissed by visitors.

School life

I attend school in Dublin. Some of the secondary schools are state run, while others are run privately. Teens from rural areas may attend boarding schools.

We take an examination called the Intermediate Certificate Examination when we are about





16 years of age. An examination called the Leaving Certificate can also be taken when we are about 18 years old. There are two universities in Ireland.

Whenever my sisters and I have a holiday, we try to spend it in the Cork area (Cork is the second largest city). Our

parents take us to our grandfather's farm. We all

love a change from city life.

County Cork in the southwestern part of the country, together with its neighbor County Kerry, share some of the most spectacular mountain scenery and wild, rocky bays in Ireland.

We also love to ride the pony our grandfather has on his farm. Horse riding is quite popular in Ireland. Of course, our country is well-known for producing excellent breeds of horses — we export them worldwide.

Other sports popular here include hurling (similar to field hockey), Gaelic football, swimming, fishing, sailing, tennis, golf and other ball games.

The potato

What do we eat over here? We enjoy Irish stew (lamb, potatoes and onions in a thick gravy), brown soda bread, fish and cheeses, among other things. In previous generations, the staple of the Irish diet was the potato. We still eat more potatoes per person than just about any other country in the world today. Our country's history has been greatly influenced by this humble vegetable.

In the 1840s there was a great famine and many people starved when the potato crop was blighted. Because of this severe famine, many

Irish people moved to other countries.

Today, Eire's population is about 3.5 million, but many millions throughout the world have roots in our small country. These include some past presidents of the United States, some of whom have returned to visit their family homesteads. Perhaps you too have Irish ancestors.

Family ties are strong here. Ours is also one of the most Roman Catholic countries in Europe about 96 percent of the

population.

We do hope this article will help you understand what life is like for teens in Ireland. Many people think we are all farmers who travel by horse and cart! As you can see we have our industry and major cities like any other country.

A large proportion of Dublin's population consists of young people under 25 years of age. It is one of the fastest growing cities in Europe. Unfortunately, it has a higher crime rate to match. Music, song, the arts and theater attendance are all a

part of Dublin life, and these are much enjoyed.

If any of you decide to visit the "Emerald Isle," you can be sure of receiving *Cead mile failte* — a friendly welcome from the Irish people.

Slan! (Good-bye!)

15

You can arrange to brighten someone's day with this colorful hobby.

Rew things in nature can compare to the sheer beauty of flowers. Their colors, scents, textures and wonderful forms make them irresistible.

Flowers are a part of our lives from the moment we are born. Newborn babies are often greeted by colorful bouquets sent by family friends.

Flowers cheer the sick. They help us celebrate joyous occasions. They highlight tables at elegant banquets and are used to welcome visiting dignitaries. At the end of life, flowers will be at the funeral service.

We use flowers as an expression of our feelings — as tokens of love and gratitude. Whatever the occasion, flowers are wonderfully refreshing and uplifting.

Captivating beauty

You can't help but be captivated by the sheer beauty, intoxicating fragrances and immense variety of the floral world. The variety stretches from the formal rose gardens of England, Europe and North America, to the exotic tropical orchid gardens of the South Pacific and Asia and the semidesert beauty of Australian wild flowers.

It is a wonder to experience the delight of hiking through wilderness areas of the North American Rockies where summer wild flowers cascade down mountainsides like magnificent, multicolored glaciers. It's a natural, living picture so breathtaking that no artist can do it justice.

One way to bring this beauty of creation indoors is by making your own flower arrangements.

Flowers add a glow and a tranquillity that rub off on those around them. This can be espe-



Floral Art

cially true of a well-designed flower arrangement. Although flowers can be beautiful just stuffed in a vase, there is an aesthetic world of difference between that and making a flower arrangement. Many people find flower arranging to be a creative and relaxing hobby.

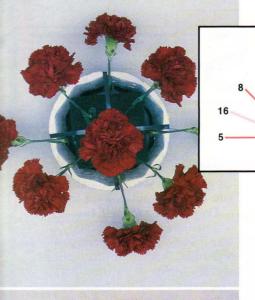
So, if you feel your room needs a lift, you want to surprise your mother, cheer a friend or are just feeling creative — try flower arranging.

To get you started, we'll discuss one of the basic shapes for

flower arrangements: the round arrangement.

For an average sized round arrangement, 13 key flowers determine the shape. For a smaller arrangement, nine flowers are used. Try 17 flowers for a larger arrangement. The photos and diagrams show how to make an arrangement with 17 key flowers.

The center flower will be the first and tallest. For balance, it should be approximately 1½ to 2 times as high as the container. If the arrangement is for a dinner table, it should not be taller than



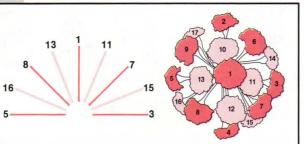


the distance from your elbow to your hand.

The flowers in positions 2 through 5 are the same length as the center flower and stick out to the sides of the base. They form an X shape when you look at it from above.

Flowers 6 through 9 are slightly shorter than the center flower. They are stuck into the base at an angle, making a V (see diagram).

The width and height of the arrangement are now established and none of the filler flowers or leaves should go beyond these points. Otherwise the shape will be lost. An arrangement with nine key flowers would now be ready for fillers. Since we are illustrating 17 key flowers, we used eight more pink flowers before adding other fillers.



These photographs illustrate the step-by-step process of putting together a round arrangement with 17 key flowers. The top view and side view diagrams show the numbering used in the article. (Photos by Warren Watson)

Flowers 10 through 13 fill in between the center flower and the angled flowers (6-9). In the same way, flowers 14 through 17 fill in the lower part of the arrangement.

General guidelines

Whether your arrangement is round (as described here), triangular, crescent or some other shape, avoid using so many fillers that the arrangement looks crowded or overstuffed. Some of the favorite fillers are baby's breath, small daisies, statice (sea lavender) and various ferns.

If the display is to hold together, the foundation must be stable and well secured. A waterabsorbent foam, such as Oasis, is best for fresh flowers. Soak the base for at least two hours before inserting the stems.

If you find you really enjoy flower arranging, the next step in your hobby could be growing your own flowers. This is one way to make your floral displays inexpensively.

For those in cold climates, a wonderful alternative is the wide array of silk flowers now avail-

able. The silk flowers of today are not like the plastic ones of yesteryear. The high quality silks can look so real that you will find yourself touching them to know for sure. They are a good investment and, with a little care, will last for many years.

Now that you've seen one basic design, you'll probably want to experiment with some others. To further develop this rewarding and creative hobby, visit your library to examine books and designs.

Or take a course in floral art. Many floral societies will gladly give advice to beginners. Perhaps even a relative or friend could share some helpful pointers with you.

Once you've discovered the basics, you can let your creativity loose and try using a variety of other interesting elements, including balloons and unique containers.

Are you fascinated by the beauty and elegance of a well constructed flower arrangement? Try it. Bring some of the beauty of creation indoors with you. You'll be glad you did!



DEAS

Comical Waggishness

Have you ever looked at humor, mirth, banter, buffoonery and other such comical waggishness in a serious light? The right kind of humor is important to your

Humor has been described as the oil between human relationships — a key to getting along with others. It has also been called "the best medicine." Medical studies bear out the healthy aspects of laughter and of the ability to take a lighthearted look at life.

Since not everyone has a natural flair for it, many of us have to work to develop our sense of humor - learning to appreciate and share the funny side of life.

Here are some ideas to help you develop your sense of humor:

Life is funny. There can be a funny side even to an unpleasant situation. Many times the drama of today turns into tomorrow's comedy routine.

When I proposed to my wife to be, all my carefully laid plans for a romantic proposal went astray and I ended up, believe it or not, proposing in a big walk-in refrigerator of our college's kitchen. That story gave me material for a joke at a recent banquet, but at the time I thought it was a disaster.

Humans are humorous. We all have little habits and idiosyncrasies that at times can tickle the funny bone.

Have you ever stumbled while walking? The first thing most of us do is to skip to cover our awkwardness and at the same time look around to see if anyone saw us. Be observant of the funny, common reactions. Learn to describe them in vivid, perhaps slightly larger-than-life terms.

Be around humorous people. It can be quite stimulating to be around quick-witted people. Iron

sharpens iron. They can help sharpen your wit and give you a keener outlook on life.

Don't take yourself too seriously. Learn to be able to laugh at yourself. Comedians often use their own life feelings and examples, seen through the exaggeration of memory, to

entertain audiences.

But you don't have to be a comedian to develop your sense of humor. Just follow these points and you'll notice (and enjoy!) more of the comical side

Brace Yourself to Smile

"Zipper lips!" "Tin grin!"
"Metal mouth!" "Tinsel teeth!"

"Railroad tracks!" These names aren't exactly what a person



wants to hear when he or she is wearing corrective braces on his or her teeth.

But if you're in this category, take heart and keep smiling. After you've shed your braces, you'll be rewarded with a beautiful smile.

This is not to say it's going to

every *other* night. Follow his or her instructions to the letter and your braces will be able to do their job properly — and quickly.

See your regular dentist as well as your orthodontist. This advice is from former brace-wearers. Your regular dentist will aid you

in keeping your teeth

clean while they're in braces. That way you won't be shocked when the braces come off by finding stains or unsightly discoloration caused by neglect.

Avoid certain foods. Stay away from sticky, chewy foods like caramel and taffy and other gooey snacks so you won't get cavities while wearing braces. These kinds of foods can work their way into small gaps between your braces and your teeth. Once there, these foods are difficult to remove with normal brushing and can easily cause decay.

Don't cheat on yourself. Wear the elastic bands or retainers for the recommended amount of time. Otherwise, you might spend extra time in your braces or undo all the good that has been accomplished.

Try not to feel self-conscious about your braces. Of course, this may be easier said than done. But those who tease you don't really mean to hurt your feelings.

Finally, make sure you brush your teeth after each meal and strive to maintain a positive outlook about the situation. Don't forget that great new smile that will soon be yours! — By Wilma Vernich

be easy while you're wearing braces. You'll probably get tired of trips to the orthodontist, your mouth might be sore at times and you might begin to think braces are more trouble than they're worth

However, since you'll be spending a lot of time with your braces, don't waste those years by not smiling or by neglecting the care of your pearly whites. Don't let the temporary troubles braces can cause distract you from their reward: a great, new smile.

Here are a few tips to keep in mind if you wear braces:

Follow the instructions of your orthodontist. He or she knows best about your situation. For example, if your orthodontist instructs you to wear a retainer every night, don't take matters into your own hands and wear it

Proverbs for Today: 'Jobless' Bob

"There just aren't any jobs to be found," Bob lamented. "Nobody wants to hire a kid with no experience. So why even bother looking? I might as well just spend my summer vacation sleeping."

Could you find yourself in the same dilemma as Bob this summer? For most young people in the Northern Hemisphere, the school year will soon end. Many of you will be searching for summer work.



Will you be able to find it? Or will you have the same problem as "Jobless" Bob?

Jobs are often hard to find. One young girl was turned down time after time. But she didn't give up. She approached the manager of a department store about a job and was again told there were no openings for inexperienced help.

This girl was determined. "But I'll work for you without pay until you think I have enough experience to make me worth a salary," she pleaded.

The manager thought for a moment. Then he smiled and said, "Young lady, you've got yourself a job."

Not only did she get a job, but

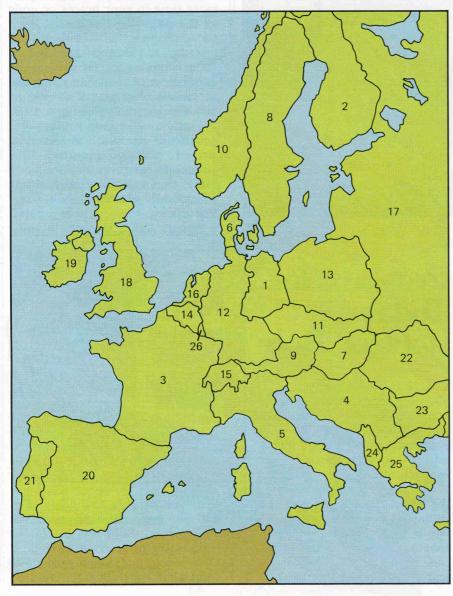
she received a wage immediately. Why? Because she displayed an outstanding attitude of determination and a willingness to learn at all costs. Wise employers won't often pass up such a person. They know that a person with this kind of attitude will be a valued employee.

Notice the lesson of Proverbs 13:4: "The soul of a sluggard desires, and has nothing; but the soul of the diligent shall be made rich" (New King James Version).

The point is, if you search diligently for work and are willing to sacrifice some immediate benefits, you'll find a job. The payoff won't be far behind.

Bob has a desire for a paycheck, but he needs to make a job out of getting a job! He'll gain experience even from the effort. If Bob takes this approach, then "Jobless" Bob will find that somewhere out there is a "Bob-less job"! — By Jim Roberts

Where in the World ...



Here we were, all ready to go to press with our splendid new map of Europe — when somebody rearranged the type! While some of these new names do have a certain ring to them, we're sure the people who live in these countries would welcome your help putting things back the way they were. The answers are below.

- 1. Seat Myregan
- 2. Nafdiln
- 3. Crafne
- 4. Sailyougav
- 5. Yailt
- 6. Ramkend
- 7. Ragyuhn
- 8. Ednews
- 9. Satauri
- 10. Warony
- 11. Shaikceazvolco
- 12. Sewt Ragymen
- 13. Donlap
- 14. Gumbile
- 15. Zalredwinst
- 16. Threadslenn
- 17. Stevoi Oniun
- 18. Tinedu Gidknom
- 19. Ednalir
- 20. Ipsna
- 21. Utopragl
- 22. Mironaa
- 23. Raglubia
- 24. Abliaan
- 25. Cegere
- 26. Grumeboxlu

Answers: 1. East Germany 2. Finland 3. France 4. Yugoslavia 5. Italy 6. Denmark 7. Hungary 8. Sweden 9. Austria 10. Norway 11. Czechoslovakia 12. West Germany 13. Poland 14. Belgium 15. Switzerland 16. Netherlands 17. Soviet Union 18. United Kingdom 19. Ireland 20. Spain 21. Portugal 22. Romania 23. Bulgaria 24. Albania

25. Greece 26. Luxembourg

Teen Bible Study

Let's Be Honest!

By Richard A. Sedliacik

Have you ever wondered what life would be like if everyone were honest and told the truth?

No one would be afraid of being cheated anymore. Manufacturers would no longer mislead consumers with false and deceptive advertising. Politicians wouldn't make promises they knew they couldn't keep. You could trust all your friends to tell the truth and keep their word.

How refreshing it would be if people everywhere always told the truth!

The Bible has much to say about telling the truth. In this study we will learn something about the basic nature and character of God. We'll discover who the first liar was and examine the first lie recorded in the Bible. Then we'll learn about some of the many benefits that automatically come to those who build a reputation for being truthful.

Before you begin this study, be sure to get your Bible, a pen or pencil and some paper. Look up, read and then write down the verses that answer each question. This will help you to remember the important principles you'll be learning.

1. What are some of the qualities and characteristics of God? Deuteronomy 32:4, Revelation 15:3. What is one thing God will never do under any circumstance? Titus 1:2, Hebrews 6:18.

God reveals Himself as a God of truth. You can always rely on what He says. God can be trusted to keep all of His promises because He has willed never to lie!

2. Did Jesus Christ, the Son of God, always speak the truth? Matthew 22:16.

Christ exemplified the character and nature of God the Father throughout His life. This is because He also was God — the "Word" or Spokesman of the God Family before He became a human being (John 1:1-3, 14).

3. What is the origin of the Holy Bible? Il Timothy 3:16. What did Jesus, who spoke and lived by the truth, define as truth? John 17:17. Under inspiration of God, did King

David also define God's laws as being the truth? Psalm 119:142, 151.

God's Word, the Holy Bible, contains essential truth inspired by God that reveals a way of life based on the Ten Commandments. This is the way the two members of the God Family have always lived

"God is love" (I John 4:16) and the fulfilling of God's law is love (Romans 13:8, 10). Therefore, the Ten Commandmants express the character of God. The Ten Commandments tell us how to show God's outgoing love to both God and other people (Matthew 22:37-39).

- **4.** Did Jesus teach obedience to the Ten Commandments? Matthew 19:17-19. Did He keep them Himself? John 15:10.
- **5.** Exactly what does the Ninth Commandment say? Exodus 20:16.

Bearing false witness (lying) is the opposite of God's nature and character. Since God wants us to develop His character (Matthew 5:48), it is His desire that we learn to always tell the truth. Intentionally misleading or deceiving others does not show the true love and concern that God wants each of us to be developing toward our parents, teachers and friends.

6. Who was responsible for telling the first recorded lie? Read and summarize Genesis 3:1-5, especially verse 4. Who was this serpent? Revelation 12:9. Is he identified as the "father" of all lies? John 8:44. What has he since done to the entire world? Read Revelation 12:9 again. Has all mankind therefore disobeyed God's commandments, including the ninth? Romans 3:12-13, 23.

God reveals the existence of a superpowerful spirit being — an archangel — who rebelled against God and all that He stands for (Isaiah 14:12-15, Ezekiel 28:13-17). Now known as Satan, his character is the exact opposite of the faithful and true nature of God!

Taking on the identity of a serpent, the devil lied to Eve in the Garden of Eden. He

told her that she would not die, implying that God was a liar when He warned her that she would die if she ate of the forbidden fruit (Genesis 2:16-17). Believing Satan, Eve ate the forbidden fruit and shared it with her husband Adam. Thus they chose to disobey God. The result? They were driven out of the Garden of Eden (Genesis 3:23-24) and died as God had said (Genesis 5:5).

As the god of this world or age (II Corinthians 4:4), Satan has also succeeded in spiritually blinding all mankind into also disbelieving God and living contrary to God's law.

7. Is lying one sin that God especially hates? Proverbs 6:16-19. Is it an absolute abomination to Him? Proverbs 12:22. But does God take great delight in those who deal truthfully? Same verse.

God is extremely concerned with the truth. That is because all forms of lying and cheating destroy character, in the long run hurting the one who tells lies as well as others.

Even so-called white lies fall into the same category with outright, blatant lies! Telling a white lie is a false statement made to another person with the intention to mislead. God hates that and so should we.

8. How did King David, a man after God's

Cheating — trying to deceive the teacher — is harmful to the cheater. So God forbids lying and cheating.

own heart (Acts 13:22), view lying? Psalm 119:29, 163. What was his advice to those who seek to please God? Psalm 34:13, 15:1-2.

King David realized the importance of telling the truth. He knew from personal experience that God grants special favors to those who strive to be truthful. **9.** There is often a temptation to mislead and deceive others, and many succeed at first. But what do these lies become like to those who speak them? Proverbs 20:17. Can it be dangerous to fool others, even in fun? Proverbs 26:18-19.

In today's society young people are constantly bombarded with pressures to compromise their character and integrity. Situations often arise in the classroom, on the playing field, on the job or at home where there is a temptation to lie or twist the facts in your favor. But don't do it!

Honesty is always the best policy, even if it hurts. This is because the Ninth Commandment is a part of God's great spiritual law. If it is broken, it exacts penalties just as surely as the penalty you would suffer if you broke the physical law of gravity by jumping off the top of a 10-story building!

10. Will special benefits come to the young person who chooses to speak and live by the truth? Proverbs 3:3-4. How will those in authority feel toward a person who carefully guards his or her tongue? Proverbs 22:11.

A young person who is careful about what he or she says and who strives to tell the truth will be building a reputation for honesty

among friends, instructors and superiors at school and on the job. They will know that his or her word can be relied on. Such a person will often be favored and rewarded in different ways, including higher pay. And his or her parents will know they can entrust him or her with greater privileges.

11. Will there be any liars in God's coming Kingdom? Revelation 21:8. Will those who sincerely strive to keep God's commandments, including the ninth, receive eternal life as children of God in His ruling Family? Matthew 19:16-17, Revelation 21:7, 5:10. Also notice Proverbs 12:19.

God, who cannot lie, has promised membership in His Family to those who strive to obey Him in everything they do. As members of His universe-ruling Family, they will live and rule with God and Christ forever.

What an awe-inspiring, incredibly wonderful future awaits those who learn to obey God and tell the truth!

(To learn more about the Ninth Commandment and how to apply it in your life, be sure to call or write for our free booklet, *The Ten Commandments*.)

Photo by Nathan Faulkner

Dear Youth 86,

Practical Bible-based answers to the problems of growing up.

Q. I am a 17-year-old guy. I like this girl down the block from me, but her dad doesn't like me and always chases me away when I come around.

I don't think he has the right to do that. How can I make him let me come around?

A. You probably can't. As a father of three girls — one a teenager - I can think of lots of reasons why I wouldn't want certain young men hanging around my house. Fathers have the right, and even the responsibility both legally and morally, to care for and protect their children.

Has the girl told you why her dad doesn't want you coming around? If so, you must either obey his decision or talk to him and explain why you have been misjudged.

If he hasn't been seeing the true circumstances, then you may make some headway with him. But don't expect to change his mind if he truly has looked at the facts. When you are a father, you will no doubt be protective of your daughters also, as well you should be.

Q. My problem concerns my mother. I love her very much, and I am especially close to her because she and my father are divorced and I live with my mom and hardly ever see my dad. But she drinks a lot and gets drunk and then says and does things that scare me. How can I make her stop?

A. Your question is a vitally important one faced by far too many young people. Our advice is this: Go to your mother, when she has not been drinking, and tell her about your feelings and fear, and that you wish she would stop this destructive habit. Since she is close to you, this may cause her to seek help.

Unfortunately, most heavy drinkers will only be shocked into temporary control over themselves and will slip back into their harmful habit.

If this happens, go to a close family relative who is an adult such as a grandparent, adult aunt or uncle — or to your minister or some other person who is qualified and whom your mother respects. Confide to this person about the matter and ask him or her to take steps to make her face the problem and get help.

Above all, realize that you may have to show your love for your mother by seeking help for her rather than by hiding the problem or trying to solve it on your own. Although she may misunderstand your motives at first, if she does take the help offered, she will then see you did it out of love.

Q. I am a guy only 14 years old. My problem is that I do a lot of things that I know I shouldn't do, and it makes me feel terrible later on. Like the other day I skipped a class at school and then lied about it to my parents. How can I get over these terrible feelings about what I do?

is fairly easy to give, but it takes work to do: To stop feeling guilty, quit doing wrong things!

Almost everyone realizes that doing wrong causes guilt, and we are quickly able to see this when others do wrong and feel guilty. But when we do wrong, and especially if we really want to continue doing wrong, we tend to forget this truth.

We feel miserable, perhaps, but since we want to continue, we refuse to believe that our misery is caused by our own wrong. But it is. And when we do wrong, we should feel guilty. The only proper way to remove this guilt is to quit doing the wrong thing.

Of course, it is true that if you ignore your conscience and continue doing wrong, eventually it won't bother you.

But that is dangerous since it means you have hardened seared — yourself to the wrong act and probably won't change from it even though it may be destructive to you and those around you.

So realize that your conscience, especially when properly trained to know right from wrong, can be a prod to you to do things right — and therefore cause happiness — if you let it.

We welcome your questions and will excerpt as many as possible. Sorry we can't answer them all. Answers are prepared by Bernard W. Schnippert, a minister of the Worldwide Church of God. Address your questions to "Dear Youth 86," 300 W. Green Street, Pasadena, California,



'Waddya Want?'

By Valerie Brown

Her rude greeting matched her withering look.

A sign inside the restaurant read, "Wait here to be seated."

So they waited. And waited. They looked around. There were few customers inside. A waitress was clearing a table across the room. She glanced their way, but ignored them and continued gathering up the dishes.

Finally, after several minutes, the two young men ventured into the dining area. They felt foolish just standing there while there were obviously plenty of free tables.

They decided to check with the waitress. Approaching her, Gary said, "Excuse me, is it all right for us to sit anywhere?"

The waitress pulled herself up

to her full height, gave them a withering look and said, "Can't you see there's plenty of room? Sit wherever you want!"

Talk about rude!

The young men were taken aback by the woman's rudeness. As they retreated, they wondered if they should just keep going out the door and look for a different, more pleasant restaurant.

"Oh, come on, let's risk it," said John as he sat down.

"You're right," Gary replied with a shrug. "Why should we let her ruin our day?"

They scanned the menu and quickly de-

cided on hamburgers. Then they sat back and waited for the waitress to come take their orders. Time dragged on and nobody came, until finally John caught the eye of the waitress and waved at her. Slowly, grudgingly, she moved toward their table.

"Waddya want?" she snapped. "Excuse me, ma'am, but we're ready to order," Gary said politely.

She stood there grim-faced as they ordered hamburgers and drinks and then she waddled off without a word.

Gary found himself getting angry, and wanting to get back at the rude waitress. But after she left, he got to wondering why she was being so mean. It was obvious she wasn't happy.

"You know, John," Gary said,

"maybe we should feel sorry for that lady. She's probably had a rough time of it."

"You're probably right," John said. "And when she's rude, a lot of customers are probably rude back to her, and things just get worse. I don't know why she's acting this way, but she sure seems unhappy."

John paused for a moment, deep in thought. "Hey, why don't we try something different? Why don't we try to cheer her up? Let's see if we can make her smile."

When the waitress approached with their food, they both looked up and smiled. She threw the plates on the table and put the drinks down with a splash. But Gary and John tried not to notice her surliness. Instead, they tried to get her talking.

Unfriendly as ever

When she left, as cold and unfriendly as ever, John noticed that the drinks she had brought were not what they had asked for.

"Let's just drink these anyway," Gary suggested, "so we don't have to bother her again."

As they ate their meal, they gave the sour waitress a friendly smile each time she passed.

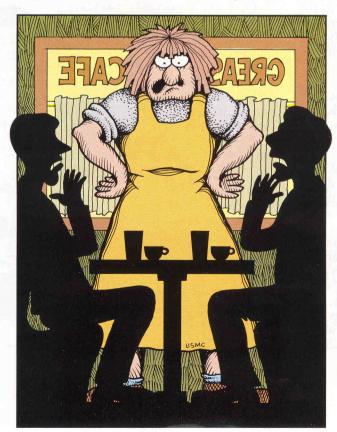
But she didn't crack. They just didn't seem to get through to her.

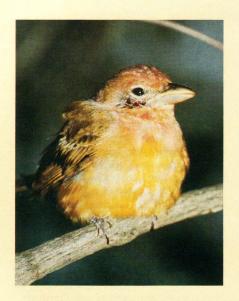
It was disappointing. When it came time to pay the bill, they agreed that she didn't deserve a tip—but they decided to leave one anyway. In fact, the tip they left on the table amounted to more than the cost of the entire meal.

They got up to leave, a little dejected that their attempts had been so unsuccessful. Then, just as they were about to walk out the door, they heard a bellow behind them.

"Hey, fellas!" They whirled around, startled. Rushing toward them was their waitress.

They saw that there (Continued on page 29)

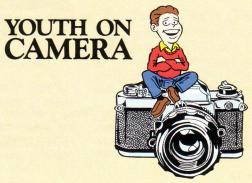








Here are some of our favorite reader photos of our fine feathered friends. The photographers are, clockwise from upper left: John D. Fuhrman, age 11, who shot this photo when he was living in Harrison, Arkansas; Andrew Hessong, age 16, from Pittsburgh, Pennsylvania; and Sherry Robbins, from Stillwater, Pennsylvania, who sent this in at 15.



Letters

(Continued from inside front cover)

"Now I Understand"

I have just finished reading the article, "Now I Understand," in the "Reader By-Line" section of the February issue. It was a very good article and has reminded me of a similar incident that has happened to me.

I am in the 7th grade and ... there is a science teacher who the 7th and 8th grade kids didn't like, or at least the majority of them. He gives us a lot of work and pushes a lot on us, but we really learn.

When I was in the 6th grade there was a rumor going around about how mean he was. This made me afraid of him when I became a 7th grader. Now I have learned to like him and we are friends.

Last year when the application forms came out for the teacher in space, he sent for one. He wrote out all the things he was required to do and sent it off. Luckily he had not been chosen.

As of Jan. 28, 1986, the space shuttle, *Challenger*, blew up carrying six astronauts and the chosen teacher. We all watched it happen on TV and that was when we realized how much our science teacher meant to us. He was very lucky not to have been chosen.

It was a very sad thing that happened with the shuttle. I'm happy and thankful that it was not my teacher who died in that freak accident, but I feel very bad and torn up about the one who did.

Sheva Nickravesh Sonora, California

"How to Keep Your Cool"

I think Youth 86 is a great magazine for all teens. I especially like the "Teen Bible Study" articles. In the January issue it was "How to Keep Your Cool." It gave vital tips from the Bible. I could easily apply the scriptures to my own life. Hopefully next time I am tempted to lose my temper, I will remember this article.

Amy Mazzeo Chesterland, Ohio

Putting things in perspective

I'm 19 and I'm writing to tell you that I think your magazine is fantastic! I find Youth 86 a magazine for all ages. It's filled with interesting articles and information that I've found very useful. It's easy to read and understand.

Many of the articles have helped me put things into perspective. Youth 86 has shown me how to put my knowledge to better use, and shown me why some things are right and some things are wrong. The articles have changed my mind about many subjects and have pointed me in the correct direction.

Husam Fares Mogaier Jenin, West Bank, Israel

"What Students Wish ..."

I am writing in response to the article, "What Students Wish Teachers Knew" [December]. I do believe that respect is the first and most important thing teachers need for their students. I think that teachers should take interest in their students and make the students feel that they really do care.

Another characteristic I think is important is to let the students know from day one who is the boss. If they don't, the class will be full of smart-aleck kids acting like they are the teacher.

Stacey Locke Philo, Ohio

Career choices

I enjoyed reading "Your Future Starts Now!" in the December issue. The article was interesting and contained good, practical advice.

There's one bit of advice worth adding: pray about your career choices! Since it is God who gives each of us a unique set of talents and interests, it is logical (and biblical) that we each ask His guidance in using them!

Jone Haney Xenia, Ohio

The "Wright" stuff?

I refer to your article in December Youth 85 "Do You Have the 'Wright' Stuff?" by Paul Kurts. Without wishing to detract from the enterprise and achievement of the Wright brothers, nor from the commendable research of Mr. Kurts, I would like to argue the general American misapprehension that the Wrights originated heavier than air flight.

While I acknowledge that the Wright brothers as stated in your article first flew 17 Dec., 1903, there is ample evidence that Richard Pearse, who farmed at a tiny place called Waitohi near Timaru in the South Island of New Zealand flew as early as 31 March, 1903, and a strong inference that he had mastered controlled flight up to six months (or more) prior.

A.H. Morgan Auckland, New Zealand

People of several other countries also claim to be the first to fly. As you mention, this makes the Wright brothers' achievements and the principles of success pointed out in the article no less valuable.

A view of the Amish

I'm 17 and currently in Tillamook, Oregon, visiting. But I live in Intercourse, Pennsylvania.

There was a movie made in my area about a year and half ago called *Witness*. It was a story about a police officer who hides in an Amish home in Pennsylvania, after an Amish boy witnesses a murder.

They made most of this movie in my hometown, but I never saw it. Ever since they made it, it's caused more tourists to flock here to do nothing but stare at Amish, than ever before ... Please publish this so that people will not be misinformed as they are.

Our way of life is a plain life, a life that eschews many of the trappings of the outside world. Our roots go back to 16th century Switzerland and Germany, where [our ancestors] were persecuted for nonconformism, driving many to emigrate. The strength of our belief is seen today in a culture that thrives on the borders of metropolitan America...

We don't drive cars, have no electricity and believe in "plainness" of speech and dress, and most everyone farms. But in exchange for those worldly luxuries, we have no poor or hungry, a zero divorce rate and stable family life...

We train our children for stability and continuity in a social community, not for professions that would lead them outside the life of the Amish people. We maintain one-room schools and use the old *McGuffey Readers*. It's a close bond between teacher and student, because the teacher is usually a relative...

Every other Sunday, farms take turns having the church service... We still speak a dialect called Pennsylvania Dutch. We also speak English, but the Bible for us is in German and the services are all in German.

The Amish life is not a utopian one; one threat is stagnation from the inside... The external problems would be the enticement to consumerism, wanting the things the outside world has.

David Ethan Platteborze Tillamook, Oregon

"Growing Old Before Your Time?"

When I read you article "Could You Be Growing Old Before Your Time?" [February], I really liked it, because it made me think of myself.

I'm in sixth grade (junior high school) and most of my friends are wearing eye shadow, blush and eyeliner. And I felt like I was not "in" when I didn't wear makeup.

But when I read that article, it let me know that it was OK to be yourself, and in my case, that I didn't have to wear makeup to be "in" style. Thanks, Youth

86 — you care enough to help!
 Adonna Daughenbaugh
 Steamboat Springs, Colorado

Life of Mr. Armstrong

I really appreciate your time and effort to start the *Youth* magazine.

Now that Mr. Armstrong is dead (even though I would have liked this before then, but I kept putting it off) it would be nice if you started a series on the life and travels of Mr. Armstrong. I know that a lot of people would appreciate that.

Kenneth E. Walker Smyrna, Tennessee

Thanks for the idea. We offer, free of charge, a copy of The Autobiography of Herbert W. Armstrong: The Early Years to all interested readers.

"Are You Sure Everybody's Doing It?"

I'm 15 and I'm writing to say thanks. I just read your article about "Are You Sure Everybody's Doing It?" [December]. I felt so much relief when I read

Heart-touching story

I would like to compliment Mr. John Halford on his wonderful story entitled "A Bird in the Hand," appearing in the December issue of *Youth 85*. It was a very heart-touching story. And it made me realize how my grandmother feels about me. It was a most beautiful story.

Fleda M. Minzey Sharon Springs, Kansas

She saw the comet 76 years ago

I've read your article "Here Comes the Comet!" in the *Youth 85* [December]. I've seen the comet. I saw it when I was a little girl.

The tail of it seemed to be on the tree tops in the western sky just a short distance from our back porch. My grandpa showed it to me and called it Halley's Comet. I'll be 85 years old June coming.

I'll never forget how it looked.

Mrs. L.B. Porter Ahoskie, North Carolina squashed by a 406-pound man; struck on the back of his head by a hard blunt object so that he is knocked unconscious; strangled and hung by the neck from a belt so that his face turns purple; thrown onto a concrete floor so that he lands on his back; not to mention having his head pile-driven into a canvas floor or being in any one of the many arm, leg, back or head torture positions? These tactics are not and cannot be faked and are very painful.

OK, just for argument's sake, we'll pretend that pro wrestling is staged — a fraud. Don't you think that the World Wrestling Federation and its wrestlers would be sued a billion dollars by now?

I'll be expecting a formal apology printed in the next issue.

Helen Lee Newcastle, Australia

Editor's note: Professional wrestling as you describe it is quite

as you describe it is quite violent. If it is real, the

These photos of the eruption of the perfect cone Mayon Volcano were taken by Jane Aycardo, 14 (left photo), and Noel Aycardo, 16 (lower photo). Jane and Noel are from Naga City in the Philippines and took the photos in August and September of 1984. In the foreground of the lower photo are the ruins of the Cagsawa Church building, buried by lava in 1700.



Shooting the rapids is an exhilarating adventure no matter where you are around the world. This photo was taken by Etienne Terblanche, then 14, near Wagondrift Dam in Natal province, South Africa.

that someone else had a problem just like mine.

So many times I've felt alone and misled because of a certain boy. Like you said, you have to learn from your mistakes. I've made a grave mistake and I've asked God for His forgiveness. I just wanted to let you know that your article really helped me so much.

Name withheld North Carolina



Your December issue was terrific! With the exception of "Wrestle Mania" by Robert C. Taylor.

Throughout the whole article he stressed the point that professional wrestling matches are staged. Well, they're NOT!

Has the author ever been slammed from six-feet high to a canvas ground;

violence you mention is even worse than we said it was.

In your December issue of Youth 85, in the article "Wrestle Mania," you [quote a professional wrestler as saying], "'If we gave people collegiate or international or AAU type wrestling, the arenas would be empty.'" The statement is correct as far as it goes, but bear in mind that many European countries, such as Russia, Turkey, Bulgaria, etc., do not accept professional wrestling because it is not wrestling, but buffoonery. They appreciate Olympic-style wrestling and will not promote or watch the phony variety.

Thousands have attended in Europe the Olympic-style wrestling and appreciate the dedication the wrestlers have in performing their wrestling skills. Pro wrestling in the United States should be called "rassling" and leave the term wrestling to the bona fide sport.

Norm Steinhaur Willowdale, Ontario

Presidents

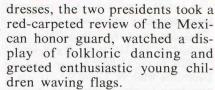
(Continued from page 10)

before going inside the State Executive Building to await President Reagan's arrival.

Just 22 minutes later President Reagan's impressive airborne caravan began arriving. The first of the four helicopters carried the White House press staff, a squadron of reporters from nationally known news publications and television programs, who follow the President everywhere. The moment it touched down, two side doors were thrown open and the group frantically disembarked, madly dashing to their assigned press location.

The next two helicopters carried members of President Reagan's cabinet and staff. From the final helicopter emerged President Reagan. Disembarking, he shook hands with President de la Madrid. Then, side by side, they strode along a red carpet to the platform.

While the two heads-of-state

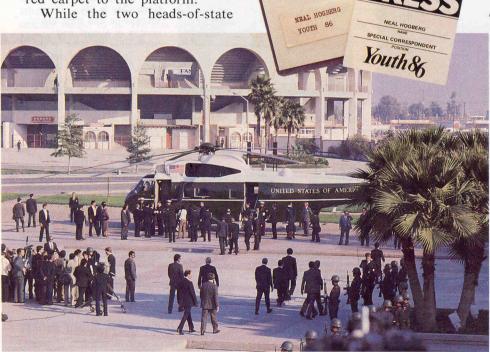


After finishing the welcoming ceremony, the two presidents retreated behind closed doors to hold private one-on-one talks (President de la Madrid speaks English fluently), followed by discussions attended by their cabinet officials.

Pool reports

PRENSA-PRES

We departed to the press room to read more information. Some of the information



and their parties stood at attention, the presidential band from Mexico played both national anthems. In the background a howitzer detachment boomed away a 21-gun salute.

After brief welcoming ad-

we gathered was in the form of "pool reports."

A pool report is a summary of a closed-door event written by an assigned on-the-spot reporter. That correspondent shares his or her information with the entire press corps, which is unable to attend because of space and security limitations.

During the noon hour, the presidents and their top officials had a formal luncheon that we watched on closed-circuit television monitors in the press room.

At that time Presidents de la Madrid and Reagan delivered keynote speeches. The issues included the dilemma of drug trafficking and certain border environmental questions. But the problem of Mexico's serious foreign debts, and what help the United States could extend, clearly dominated the speeches.

With the official proceedings now nearly finished, there remained only a brief departure ceremony with another 21-gun salute.

Off the record

The formalities were concluded, but the press had one final meeting to attend - an offthe-record press conference.

At an off-the-record event, no cameras or tape recorders are al-

> lowed. We were not permitted to reveal the names of the two people in charge of the briefing. We could only refer to them as "senior administration officials."

> In such a press conference officials feel free to speak in a much more open manner. divulging information that would remain unknown if their names were to be attached to a quote.

After reading this account, you still may be questioning the value of summit meetings. The importance of this summit, said one "senior administration official," "is that it's held . . . and in a friendly context." This official pointed out that it's the fourth meeting between the two leaders, and chided re-

porters for "always looking for headlines that cause friction.'

Although summits like this one will not solve all international problems, they often help keep crises from reaching a flash point.

'WaddyaWant?'

(Continued from page 24)

were tears streaming down the woman's face. They were amazed as she blurted out, "Thank you! Thank you fellas...I didn't know there were still people like you left in the world...I...I haven't been treated like that for 20 years...thank you!"

Dealing with rudeness

Can you imagine how those young men felt as they left that restaurant? How glad they must have been that they had controlled their attitudes! They probably won't forget that experience.

How about you? How would you have handled such a situation? Well, we can be sure we'll find ourselves in many similar circumstances in our lives. People will be rude. We will want to defend ourselves — it will be our first impulse. We know we shouldn't, but how do we stop ourselves? How can we give a soft answer that can turn away the anger of other people?

Well, first of all, we should try not to be oversensitive. When people are rude, remember they have most likely offended many others as well. So try not to take insults personally.

Second, give the benefit of the doubt. People are often unhappy for reasons we are not aware of. Maybe they have just been humiliated, insulted or injured. If they're hurting, they need sympathy, not sarcasm. Try to treat them with dignity and they are more likely to respond positively.

And, of course, realize that everyone has a potential far greater than we may see in them physically. We're all important to the One who made us.

Unpleasant situations usually happen unexpectedly, and we may react before we have time to think. But if we forget all else in the heat of the moment, maybe — just maybe — this story will come to mind.

If so, perhaps it will help us to pause before we retaliate — and give a soft answer instead.

'I Can't' NEVER WILL!

(Continued from page 1)

think, "What actions am I going to take?"

If you want to talk to your parents about something important to you, but are afraid to, decide that you will beat that fear. Set a time and then, with a cheerful attitude, go do it! Not with the feeling of gloom and doom, but with the feeling that everything's going to turn out fine.

Even if the talk doesn't go so well, your effort is sure to open the way for better communication in the future. It will get easier with every attempt.

Positive people believe it is better to strive valiantly and fail than not to try at all.

Point two — be enthusiastic. You've got to put some "Umph!" behind your active thinking. Once you've decided to take action, do it with gusto and excitement.

You've decided to do your part to get along better with your brothers and sisters, so don't give it the old half try. Give it your all!

For example, the next time they ask you to do something for them, do it gladly and with energy. Not because you owe them anything, necessarily, but because you love them.

If this is a new approach for you, be ready for a little resistance, at first. They may be surprised and even suspicious of your intentions.

Something to work for

Point three — be goal oriented. Negativism comes from having nothing to hope or to work for.

Of course, the right goals must be set. To ensure that you're setting right goals, check with someone you trust who has obviously set the right goals in his or her life.

Be sure to break your large goals down into several smaller ones. Make a list of the things you can do to improve relations with your family. Then, work at it one step at a time. Remind yourself often of your subgoals and goals. A goal forgotten is as good as no goal at all!

Point four — help others over-come negativism. This is the final, and perhaps most important, point in changing an "I can't!" attitude into an "I CAN!" attitude.

If you don't help others, you will withdraw into your own negative, tiny self-world. There you will be crippled — unable to help yourself and unwilling to help anyone else. You won't give to others or be concerned about others. Life loses any value.

On the other hand, if you choose to be unselfish and help others be positive, you will reap the benefit of becoming more positive yourself. Guaranteed! Also, some of your new and improved attitude may rub off on those you help.

Three little ways to give others a boost of confidence are: 1) give them sincere compliments, 2) let them know that you're grateful for what they do for you and 3) call them by their names. Help them to feel important! Your efforts will pay off by multiplying your own confidence.

We can expect our full quota of troubles. But being positive means shifting your thoughts from things that are against you and focusing on what you've got going for you.

I'd like to hear from some of you now that you're working on saying "I CAN!" I hope the next letter I read from you sounds like this:

"I used to feel like there was nothing I could do about my grades (or whatever), but after following your suggestions, I found things really turned around! Now I'm doing something to make my life more successful, and it works!"

Credit for the globe pictured in March, page 17, was inadvertently left off. It should have read: Courtesy National Geographic Society.

...IN FUTURE ISSUES

Discover the Underwater World.

Snorkeling and scuba diving open up a whole new world.



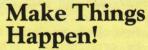


Ouch-Free Fun!

When you think about it, vacation safety is no accident.

What's Your Hurry?

Do you ever say, "I want patience, and I want it now"?



Yes, you can be a leader!

Words Can Hurt.

Bickering can be turned into peace.



A Call Home From Camp.

"I hated rock climbing!"

Non-Profit Org. U.S. POSTAGE

PAID

Pasadena, Calif.